Based on positive psychology and solution-focused work, rap2grow is a way of understanding how young people function and grow; and a purposeful, responsive way of working with young people to support their positive psycho-social outcomes, including:

> How can relational strategies be used to respond rather than react to challenging behaviours?
> How does toxic stress change the stress-response system and affect behaviour?
> Why is culture and hope so important in young lives and how can I support that?
> How can I help to restore pathways of growth?

Rap2Grow: Response Able Paths to Growth© is a skills-based training facilitated by IICRD Associate Lesley du Toit, MSc. Click here to learn more!

Do you support young people living through challenging situations, including intergenerational trauma?

September 20-22, 2017
9-5pm, Downtown Victoria, BC
$500

For more info go to: iicrd.org/upcoming-events

Click here to register!

Hosted by:
The International Institute for Child Rights and Development
With support from: The Counseling Foundation of Canada & The BC Ministry for Aboriginal Relations and Reconciliation